In 95% of all emergencies, the bystander provides the first immediate assistance on the scene.

**WOULD YOU KNOW WHAT TO DO?** 

FREE OF CHARGE!



NO EXPERIENCE NECESSARY!

Sign up for a CERT course today!

Learn to take care of yourself, your family, your neighbors, and your co-workers in the event of an emergency.

## **Topics covered include:**

- Family and workplace preparedness
- Disaster psychology
- Safety strategies involved in a terror attack
- Fire safety
- Search and rescue
- Incident command systems
- First Aid / CPR
   (certification from the AHA)









## WHEN:

Saturday, September 19th From 7:30am –4:00pm Sunday, September 27th From 8:00am-2:00pm

## WHERE:

Mathew Thornton Elementary School 275 Mammoth Road Londonderry, NH 03053

## **HOW TO SIGN UP!**

2316EMI210 (Click to register online)

OR...

Complete the NHFSTEMS General Admission application, found on the web at: <a href="http://www.nh.gov/safety/divisions/fstems/documents/GenAdmissApp.pdf">http://www.nh.gov/safety/divisions/fstems/documents/GenAdmissApp.pdf</a>
Sign and submit your application via email to: <a href="mailto:nhfaadmissions@dos.nh.gov">nhfaadmissions@dos.nh.gov</a> or in person, by mail, or by fax (603-271-1091).

Students must attend all sessions in order to receive a completion certificate from the NH DEPT. OF SAFETY, Division of Fire Standards and Training & Emergency Medical Services (NHFSTEMS).

Mailing address: NHFSTEMS, 33 Hazen Drive, Concord, NH 03305

Phone: 603-223-4200 Fax: 603-271-1091